Kalachakra
The Wheel of Time
Lama Rangdang Namkha
Johndennis Govert

(c) 2015 Johndennis Govert
Kalachakra: Wheel of Time

Time/space is an energy field that operates in this dimension. Karma is angular energy that bounds mind & action in the Time Wheel. The Wheel of Time changes in a dynamic flux of cause and effect. Kalachakra practice shows how to dissolve karma, time strictures. Kalachakra teachings are intimately connected with Shambhala. Sri Kalachakra is the name of a great Buddha, conqueror of Time Wheel.
Hindu Traditions of Shambhala

**Shambhala**: Sanskrit: “source of peace,” “place of bliss”

**Aryavartha**:
Original homeland of the Vedic Sages from the Rg Veda;
Corrupted in late 1800’s in esoteric writings to “Agarttha”

**Ramayana and Mahabharata Epics**:
Shambhala as Uttarakuru: where the siddhas and enlightened sages dwell, at ease free of struggle and disease. The North continent of Mount Meru is hidden from sight. Hindus and Buddhists share the same cosmology of the sacred, center mountain.

(c) 2015 Johndennis Govert
The Kalki Avatar

Vishnu (Kalki) Purana:
Tenth and last Avatar of Vishnu of this current cycle is Kalki. He will be born in N India, in a village called “Shambhala.” He will ride a white horse into the final battle to vanquish evil and establish an era of peace ending the Kali yuga – dark age. Mount Meru is the world’s center; Vedic astronomers place it in the heavens above the north pole of planet earth.
Lokas & Dhatus: Places & Dimensions

Mount Meru has 3 Dimensions: Kamadhatu, Rupadhatu, Arupadhatu

Floating worlds: Bubble lokas, e.g. Avalon/Camelot, Inkas, Anasazi

Terma sites: Padmasambhava’s hidden teachings indexed in time

Protected sites: Padmasambhava also time indexed 16 shelter places e.g., Pema Köd at intersection of India, China Nepal & Tibet

Buddha realms or fields: e.g. Sukhavati, Zandogpalri, etc.

Shambhala: Buddha field nested in earth time/space
**Buddhist Tradition of Shambhala**

**Shambhala, a Buddha realm nested within the earth dimension, with affinity, is accessible by a fusion of pilgrimage & yoga practice. Complete affinity requires practice of highest tantra yoga to flower in this life. Next life, one can be reincarnated into Shambhala.**

**Gesar of Ling epic:** 1,000,000 lines of poetry in Tibetan and Mongolian with tradition of public performance. Gesar is the once and future king, incarnated in 1027 AD and will be the last Kalkin King.
How the Kalachakra Teachings Arose

Suchandra received teaching from Buddha Shakyamuni at Dhanyakataka Stupa in 879 BC, Amaravati, south India. He was the 1st religious King of Shambhala, who returned to Shambhala to transmit the Kalachakra practices to the kingdom.

Manjushrikirti was the 7th religious and 1st Kulika (Kalki?) King of Shambhala, reigning about 200 BCE. Kings each reign for 100 years.

Pundarika, 2nd Kulika King wrote a commentary “Stainless Light” (Vimalaprabha) condensing the teachings & is a Tibetan tantra now.

Surya, 12th Kulika King reintroduced Kalachakra to India in 1027 AD. by sending an emanation to teach 2 different pilgrim Buddhist masters

Aniruddha, 21st Kulika King reign is thought to be 1927-2026 AD.

Raudra Chakrin, 25th & last Kulika King, reign: 2327-2376 AD.

(c) 2015 Johndennis Govert
Buddhist Description of Shambhala

The Kalachakra mandala is based on the layout of the actual realm.

It has an outer circle of mountains, 8 petal areas & a central city.

There are 960 million villages and the capital, Kalapa at the center of the realm.

The Kulika Kings reign and teach from the capital, Kalapa City.

The realm is invisible to most. Its environment is lush vegetation despite its northern, maybe Siberian, polar or off planet location.
Battle for Power or Peace

In the Kali yuga, the kings of earth will seek Shambhala’s location to usurp its power.

During the reign of Raudra Chakrin, the 25th Kulika King, the kings of earth will breach Shambhala seeking to usurp its power. About 2357 AD.

The corrupt kings of earth will meet unexpected & utter defeat.

A long era of peace and prosperity will blossom on earth as the Kali Yuga, dark age ends, and a new golden age of peace begins.
Outer, Inner & Other Kalachakra

- **Outer:** Describes the wheel of time and how it functions: Knowledge of cycles, arts & sciences. Shambhala is a pilgrimage place situated in time/space.

- **Inner:** Describes the basis of practice that frees movement on and around the wheel with emphasis on learning subtle anatomy. Shambhala is Anuttara tantra yoga practice.

- **Other:** Describes how to practice highest, non-dual yoga to leave the wheel by eliminating all causal connections of karma and transforming as a Bodhisattva. Shambhala is the realization of total liberation.
Outer Kalachakra: Macrocosm

- Basis of matter, elements & energy
- Branches of knowledge: astrology, calendars, cycles, etc.
- Kalachakra as a path to a lasting era of worldwide peace
- Importance of Shambhala in Kalachakra practice
Cross-cultural Traditions of Shambhala: 1

**Siberian Shamans:** Oldest shamanic tradition in northern hemisphere

**Eskimo:** North temperate land inhabited by Inuit speaking peoples

**Zhang Zhung Bön:** Tagzig Olmolungring: north area of Mt. Kailash

**Sufi:** Nuristan, Afghanistan, secret monastic center, ET connection too

**Sumer:** Gilgamesh epic in Garden of the Sun

**Chinese:** *Hsi Wang Mu,* Place of the immortals NW of China, Kunluns

**Greek:** Hyperborea, Perseus seeking means to slay Medusa

**Scythians:** Location of the northern paradise
Cross-cultural Traditions of Shambhala: 2

Kirghiz Janaidir: Hidden city in Pamir Mtns, on Muztagh Ata (elv. 24,757’)

Russian Orthodox Belovodye: (White Waters) Old Believers thought it N. of Kunlun Mtns. between Mongolia & Siberia, hidden by deserts and high mountains, a place where the wise live in an ideal society.

Theosophical “Shamballa:” Blavatsky: “… the indispensable site where the spiritual world meets the material one.” Located in the Mongolian Gobi desert.

Rudolf Steiner: Shamballa is associated with Lucifer and purge of false teachings,

Bailey/DK “Shamballa:” Major life center of planet earth receiving energy from Taurus (Aldebaran), the Pleiades & Ursa Major; Shamballa is source of “cosmic fire.”
Inner Kalachakra Microcosm

Teachings on how the internal gross and subtle anatomies are proportionately a manifestation of outward realities:

Koshas, Kayas & Sharirats: sheaths and subtle bodies

Chakras: Mind/energy complexes along the spinal axis

Karunas: The 8th to the 14th chakras above the head

Prana: 3 levels of energy manifestation: feng, qi & xi

Nadis or flows are energy channels with intersecting nodes:
   21 internal channels, 360 – 1000 nodes (acupoints)
   72,000 external channels whose collective radiance is the aura

Bindus: levels of concentration of red & white essence drops.

(c) 2015 Johndennis Govert
Kalachakra & Kalachakri  Tantric Yidams

Ishtadevata Yoga
Illusion of karmic self
Develop yidam as true self
Non dual tantra yoga
Also Anuttara tantra
Tunmo or Yoga of Fire

(c) 2015 Johndennis Govert
Other Kalachakra: Practicing the Highest Yogas

Completion stage of yidam, mantra and bija yoga
Clear light yoga
Yogas to realize the four empty subtle minds
Yogas to realize the four profound bliss states
Yogas aligning two columns of 21,600 red & white bindus from the base to the crown chakras.
Yogas to activate the 10 Bodhisattva bhumis
Yogas to activate the three super-subtle bodies:
  Dharmakaya
  Sambhogakaya
  Nirmanakaya
Yoga to de-activate the karmic body
  & to activate the Nirmanakaya instead
Yoga of clear light of death as an alternative

(c) 2015 Johndennis Govert
How Does One Enter Shambhala?

Develop karmic affinity by consistently nurturing the connection.

Fuse energy awareness at higher and more subtle levels so as to develop the wisdom eye that pierces all illusion.

Receive these initiations, dharma & yoga instructions, & practice:
- Buddha Kanakamuni
- Kalachakra & personal Ishtadevata
- Manjushri: peaceful & wrathful (Yamantaka)
- Amritakundali: Coil of Nectar of Immortality
- Dakinis: Vajra Dakinis & Ekajati
- Devis: Marici & Cunda,
- Demonesses: Mandeha & “Lightening Flashes”
- Lokapala: Virudhaka, South Guardian, King of Kumbhandas
Where is Shambhala?

Specific Locations:
North Pole, geodetic or magnetic or above
Alma Atla: 43°N50’; 76°E57’, Kazakhstan city
Turfan: 42°N56’; 89°E10’, Khocho
Dunhaung: 40°N12’; 94°E41’ Ruined city
Muztagh Ata: 37°N; 75°E, mountain top
Urumchi: 43°N48’; 87°E35’ Xinjiang city
Mount Kailash: 31°N; 82°E, Hindu world axis

General Areas:
Aral Sea 46°N; 60°E
Gobi Desert: 45°N; 105°E, Mongolia
Kunlun Mountains: 35°N; 90°E, Xinjiang
Altai Mountains: 47°N; 87°E, Xinjiang
Tian Shan Mountains: 43°N; 80°E?, Xinjiang
Nuristan, Afghanistan: 35°N25’; 70°E57’
Kashmir, Hindu Kush: 35°N; 75°E
Sita (Syr or Aru Darya?) River: 40°N; 85°E
Off planet in the circumpolar constellations

(c) 2015 Johndennis Govert
Closer Approach to the Kalachakra

Chant Approach Mantra: AUM GURU SHRI KALACHAKRA YE!
Receive Kalachakra initiation: 3 days, Jonang or other Tibetan tradition
Receive Gesar of Ling initiation: many termas & Vajrayana traditions.
Recite Kalachakra aspiration prayer: composed by 1st Panchen Lama
Read Gesar of Ling epic:
Practice: Gesar or Kalachakra ngondros, yogas or sadhanas
Practice: Contemplative meditation on Shambhala themes.
Investigate: Chogyam Trungpa’s Shambhala books & warrior training
Invoke: Dream awareness of Shambhala
Study & Research: Various comparative traditions of Shambhala

(c) 2015 Johndennis Govert
Book References


Web References

Alexander Berzin: Tibetan Buddhist Scholar
www.berzinarchives.com/web/x/nav/n.html_554862326.html

Dalai Lama: official website, Kalachakra
http://www.dalailama.com/teachings/kalachakra-initiations

International Kalachakra Network:
A site of information & support for initiates
http://kalachakranet.org/

Rime Institute: Khentrul Rinpoche:
Jonang (Kalachakra) tradition; You Tube videos
Melbourne, Australia
http://rimebuddhism.com/

Tibet Net: announcing the Dalai Lama’s next
Kalachakra initiation, Jan 2016, at Bodh Gaya
http://tibet.net/2014/09/24/kalachakra-2016-at-bodh-gaya/

(c) 2015 Johndennis Govert